

# 1 GUIDELINES FOR AN HEALTHY AND AWARE CO-LIVING

Co-living means that we can face even difficult times together.  
Here is a guideline for healthy, aware co-living.!

**#WECANDOITTOGETHER**

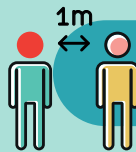
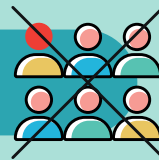
**1 FOLLOW THE INDICATIONS OF THE HEALTH MINISTRY**  
and keep up-to-date on [salute.gov.it/portale/home.html](https://salute.gov.it/portale/home.html)



**2 KEEP YOUR ROOM CLEAN**  
aired and hygienic

**2**

**3 WAIT A BIT MORE BEFORE INVITING**  
guests to your home



**4 KEEP AT LEAST 1 METRE AWAY**  
from flat/housemates

**4**

**5 ARRANGE TO USE THE COMMON AREAS INDIVIDUALLY**  
and not for very long so that everyone has access to them



**6 CLEAN THE KITCHEN AFTER EVERY USE**

paying attention to removing residues and sanitising the surfaces used. Use personal crockery

**6**

**7 CLEAN THE COMMON BATHROOM AFTER EACH USE**  
paying attention to sanitising the surfaces. Keep your household linen in your room

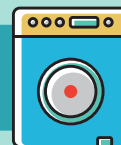


**8 KEEP THE COMMON AREAS CLEAN AND SANITISED**

particularly the surfaces that are touched most often (door handles, handrails, remote controls...)

**8**

**9 USE THE WASHING MACHINE INDIVIDUALLY**  
only for your own clothes and linen



**10 REMOVE PERSONAL WASTE EVERY DAY**

e.g. tissues and cleaning cloths; put the waste into disposable waste bags and tie them tightly

**10**